



## Reading Ephesians Together Pt 10: The Armor of God

Ephesians 6:13-17a

**Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. –Eph 6:13**

EPH 6:14A “...YOUR LOINS GIRT ABOUT WITH TRUTH”

The first piece of armor is the belt of truth. Just as a belt anchors all areas of the body for combat, truth anchors the Christian for spiritual battle.

EPH 6:14B “..THE BREASTPLATE OF RIGHTEOUSNESS”

The next piece of armor involves our love of holiness and willingness to walk with integrity: the breastplate of righteousness.

EPH 6:15 “...FEET SHOD WITH THE PREPARATION OF THE GOSPEL OF PEACE;”

In this image of a warrior dressed for battle, you can call this piece of armor the “boots of the gospel of peace.”

This is not at all to say that the preaching of the Gospel is “peaceful” or will cause peaceful or nice situations.

EPH 6:16 “...THE SHIELD OF FAITH”

“As the ancient shield enveloped the body, so faith envelops our entire being.”

When we are attacked, our “knowing,” “believing,” and “acting” by faith protects us from the evil one.

EPH 6:17A “...THE HELMET OF SALVATION.”

The helmet is connected to salvation. Ultimately, the enemies of Christ want us to disbelieve Him.

This piece also takes care of doubt and disappointment.

PERSONAL DEVOTION/FAMILY WORSHIP QUESTIONS FOR THIS WEEK:

1. Are you and your family suited up for battle? Discuss the call to “stand in the evil day” and how hard that would be if we aren’t “suitably” aware of our need for the armor of God.
2. What does it mean to wear the “belt of truth?”
3. What does it mean to have on a “breastplate of righteousness?”

4. What does it mean have on “shoes or boots of Gospel peace?”
5. What does it mean to have the “shield of faith?”
6. How does one wear the “helmet of salvation?” What does it do for us?

## **Catechism**

**Question:** Can anyone perfectly keep the commandments of God?

**Answer:** Since the fall no ordinary man can perfectly keep the commandments of God in this life but breaks them every day in thought, word and action.